

MAGIC THERAPY

“Magic” as a therapeutic intervention is merely the incorporation of task-specific manual exercises specifically designed to achieve rehabilitation goals. These exercises are often used to improve hand and upper extremity strength, range of motion, and coordination. Such manually and cognitively demanding upper extremity tasks can also be superimposed on trunk and lower extremity activities to increase endurance in standing, static and dynamic sitting and standing balance, and trunk and lower extremity muscle control. The Magic Therapy activities are designed to build on previously mastered skills, increasing levels of flexibility, strength, and coordination.

MagicTherapy.com



Dr. Spencer holds several esteemed academic and advisory roles, including serving on the faculty of the Pediatric Sedation Outside the Operating Room conference at Harvard Medical School and Boston Children’s Hospital. He is an Associate Professor by special appointment in the Department of Occupational Therapy at the University of Alabama at Birmingham (UAB) and a research consultant for UAB’s Arts in Medicine program. He also teaches in the Department of Education at Carlow University, advises the U.S. Department of State as a subject matter expert on arts integration for special populations, and is an Approved Provider of Continuing Education for the American Occupational Therapy Association.

USING MAGIC TRICKS IN A THERAPEUTIC SETTING

Dr. Kevin Spencer

 American Occupational Therapy Association
Approved Provider

Workshop
Location
Time
Date
Contact
Registration



COURSE DESCRIPTION

The Magic Therapy® workshop empowers therapists with an innovative tool to motivate their clients to become more involved in their treatment. The workshop offers a hands-on, interactive learning experience grounded in the Model of Human Occupation.

The applications address the entire spectrum to include developmental disabilities, mental health, physical disabilities, gerontology, and specific disease-related deficits. The skills required to learn simple magic tricks help clients regain lost physical and cognitive abilities while increasing motivation, confidence, and self-esteem.



COURSE OBJECTIVES

- 1. Demonstrate an understanding of the therapeutic benefits of magic tricks in client treatment (cognitive, motor, perceptual, and social).
- 2. Distinguish which clients are appropriate for this type of treatment modality.
- 3. Evaluate and identify which magic trick(s) can be most beneficial to achieve a specific client goal.
- 4. Create an individualized client-centered treatment program by analyzing and assessing the movements required to perform selected magic tricks.
- 5. Verify how to appropriately document this technique for insurance reimbursement.



WHAT YOU WILL LEARN

- 1. The history, research, concepts, and implementation of “magic therapy” in a clinical setting.
- 2. A repertoire of simple magic tricks that can be used to address:
 - a. Cognition
 - b. Motor Skills
 - c. Communication
 - d. Social Skills
 - e. Creativity/Flexible Thinking
- 3. Documentation and billing procedures for insurance reimbursement.